LITHUANIAN FOOD AND BEER IN VILNIUS





Among the many advantages that Vilnius has as Lithuania's capital is the fact that it draws people from all over the country. With them come recipes for delightful family dishes, diverse local ingredients and culinary know-how. This map will guide you to the places in Vilnius where authentic Lithuanian food and beer are served.

LITHUANIAN FOOD

Lithuania's five ethnographic regions are proud of their local dishes. Aukštaitija is known for pancakes, cottage cheese and ragaišis - a special bread. In Dzūkija, mushroom, buckwheat and potato dishes reign. Suvalkija is the home of skilandis (smoked meat sausage), vėdarai (potato sausage) and sweet soups. Žemaitija offers kastinys (sour cream butter), crayfish and porridges. And the coastal region is known for its fish. You can get a taste of all this and more in Vilnius.

RESTAURANTS



1. ERTLIO NAMAS

Šv. Jono g. 7 +370 637 33300 www.ertlionamas.lt



Ertlio Namas provides guests with a contemporary take on traditional Lithuanian cuisine. It's an upscale restaurant that's perfect for an authentic culinary experience.



2. SWEET ROOT

Užupio g. 22-1 +370 685 60767 www.sweetroot.lt



Created by a group of people who set out to define just what a local Lithuanian restaurant should be, this upmarket restaurant boasts a lovely seasonal menu filled with locally-sourced ingredients.



3. SENOJI TROBELĖ

Naugarduko g. 36 +370 609 99002 www.senojitrobele.lt



Set up to look like a little piece of Lithuanian countryside, Senoji Trobelė is popular with visitors - the staff provides guests with an excellent introduction to Lithuanian cuisine.



5. LEIČIAI | LEIČIŲ BRAVORAS

Stiklių g. 4, Stiklių g. 5 +370 526 09087, +370 526 09407 www.bambalyne.lt/leiciu-bravoras



This brewery prides itself on beer, though it also serves traditional Lithuanian snacks. The kitchen is open as long as the bar is, so you're never out of luck



4. LOKYS

Stiklių g. 8/10 +370 526 29046 www.lokys.lt



Located in a Gothic cellar right in the heart of town, Lokys serves local game alongside traditional Lithuanian dishes



6. MYKOLO 4

Šv. Mykolo g. 4 +370 688 22210 www.mykolo4.lt



As the founders say, the recipes for the dishes in this restaurant have been collected from old Vilnius notebooks. Mykolo 4 mainly serves Lithuanian dishes from the prewar period.



7. MARCELIUKĖS KLĖTIS

Tuskulėnų g. 35 +370 527 25087 www.marceliukeskletis.lt



Lying away from the centre, Marceliukės Klėtis offers a menu full of Lithuanian dishes, and a distinct rustic interior to match.



9. ŠNEKUTIS

Šv. Stepono g. 8, Polocko g. 7A, Šv. Mikalojaus g. 15 *370 650 47054, www.jususnekutis.lt



Šnekutis is known for local beers, but you'll also find a decent selection of Lithuanian dishes at affordable prices.



8. STIKLIŲ ALUDĖ

Gaono g. 7 +370 526 44632



8#1

Stikliai may be one of the more expensive hotels in town, but its tavern is a place for all. Diners can expect top-notch quality food that will satisfy even the pickiest of quests.



10. AMATININKŲ UŽEIGA

Didžioji g. 19 +370 687 22366 www.amatininkai.lt



Don't want to venture far in search of food? Amatininkų Užeiga is located right by Town Hall Square and the kitchen is often open until dawn.



11. ETNO DVARAS

Pilies g. 16 +370 656 13688 www.fortodyaras.lt



Serving local game, Etno Dvaras is located near Cathedral Square and offers an excellent ratio of price and quality. Plus, it's the only restaurant that bears the Culinary Heritage Sign.



13. GABI

Šv. Mykolo g. 6 +370 615 30095, +370 5 212 3643 www.restoranasqabi.lt



Gabi is proud of its old-fashioned interior, and along with a variety of Lithuanian dishes, it also offers choices from other European culinary traditions, making it great for groups with diverse tastes.



12. BERNELIŲ UŽEIGA

Gedimino pr. 19/J. Lelevelio g. 6 +370 663 60232 www.berneliuuzeiga.lt



The centrally-located Bernelių Užeiga isn't just a place where tourists drop-in to taste something Lithuanian, it's also a popular place for get-togethers, especially with older Vilnius natives.



14. PILIES KATPĖDĖLĖ

Pilies g. 8 +370 611 20576 www.katpedele.lt



Part of a country-wide chain of restaurants, Katpėdėlė is simple and straightforward. The menu includes Lithuanian dishes and some fast food staples.



15. SAULA

Didžioji g. 26 +370 525 07473



For something different, try Saula. While you won't find typical dishes like cepelinai or potato pancakes on the menu, the restaurant combines seasonal ingredients, game and potato side dishes in a truly local manner.



17. SENAMIESČIO KRAUTUVĖ

Literatų g. 5 +370 523 12836, +370 613 55860 www.senamiesciokrautuve.lt



A cosy shop that offers dairy products, sweets, as well as fruits and vegetables from Lithuanian farms.

LITHUANIAN FOOD TO TAKE HOME



16. ROOTS DEGUSTACINĖ KRAUTUVĖ

Pylimo g. 58 (Halès market, kiosk 34A) +370 671 73744 www.facebook.com/RootsVilnius



Fresh organic produce straight from the best farmers in Lithuania. Carefully selected cheeses, meat products, breads, beers and wines.



18. TYMO MARKET

Aukštaičių/Maironio g. Thursday 10.00 – 15.30 www.tymoturgelis.lt



Taking place every Thursday in Uzupis, Tymo market offers organic food, products of national heritage and goods from local farmers.



19. SŪRIO DŽIUGAS NAMAI

Aušros Vartų g. 3 +370 526 13403 Upės g. 9 Vilniaus g. 17

+370 524 07878



+370 527 27725 www.dziugashouse.lt

Džiugas is a brand of Lithuanian cheese that's well-known, even outside of the country. These little cafes offer a variety of Džiugas products, as well as coffee and spacks for a short break

GOOD TO KNOW

The European Commission has granted 7 Lithuanian products the right to use signs of geographical indication and traditional specialty, thus stressing their unique ties to the region and the traditional ways in which they are prepared:

- * Brown rye bread from Daujénai
- * Samogitian sour cream butter (Žemaitiškas kastinys)
- * Mead from Stakliškės
- * Lithuanian curd cheese
- * Honey from the Seinai-Lazdijai region
- * The Liliputas cheese
- * Lithuanian sausage "Skilandis"



20. RŪTA -VALENTINOS SALDUMYNAI

Klaipėdos g. 1/16 A. Jakšto g. 5/1 +370 523 14256 +370 521 22068 www.saldumynai.lt



The shops offer sweet treats from Rūta and Alkava - some of Lithuania's largest confectionary companies. Chocolates, dragées, cookies - you'll find them all here

WE RECOMMEND

Trying Lithuanian dishes:

- * Kastinys with hot boiled potatoes
- * Cold beetroot soup (Šaltibarščiai)
- * Mushroom soup in a bread plate
- * Stuffed potato dumplings (Cepelinai/didžkukuliai)
- * Baked potato pie (Kugelis)
- * A beverage made from rye bread (Gira)
- * Thick dessert drink with cranberries (Spanguolių kisielius)

Visiting:

* Etno Dvaras, a restaurant that serves culinary heritage dishes, and trying seasonal specials

Buying Lithuanian goodies:

* Šakotis, cheese, black bread, honey and chocolate They'll make great presents for someone back home.

LITHUANIAN BEER

Lithuanians have been drinking beer for centuries and it's still as popular as ever. Nowadays, the traditional brewing method of using clear water, malt, hops and no artificial ingredients is still alive in the north of the country. In Vilnius, you'll find beers produced by large companies and microbreweries from all over Lithuania



22 ŠNEKLITIS

Šv. Stepono g. 8 Polocko g. 7a Šv. Mikalojaus g. 15 +370 650 47054 jususnekutis.lt



Šnekutis is the child of a brewer from Pasvalys in Northern Lithuania who decided to go big and take his business to Vilnius. The restaurants feel as cozy as a rustic house and serve true Lithuanian beer from small breweries.



21. ALAUS PIRKLIAI

Šiaulių g. 5

+370 614 44144, +370 659 12264 www.alauspirkliai.lt



Serving craft beer, Alaus Pirkliai isn't just a good place for a drink - come chat with the owners, who'll teach you more about beer.



23. LEIČIAI | LEIČIŲ BRAVORAS

Stiklių g. 4, Stiklių g. 5 +370 526 09087; +370 526 09407 www.bambalyne.lt



Drop by for a wide variety of local beers. If anything, the large crowds of locals present here in the evening serve as proof that the place is well-loved...



24. ALYNAS

Jogailos g. 6 +370 650 68752 www.alynas.lt



Great variety of beers, all for a reasonable price. Alynas is all about beer, so come round after dinner - snacks are the only food items on the menu.



26. BŪSI TREČIAS

Totorių g. 18 +370 618 11255,+370 618 11266 www.busitrecias.lt



A true favourite among Vilnius' students, Būsi Trečias is the closest thing to a tavern you'll find in town. They're known for their home brews and beers with syrup.



25. CRAFT & DRAFT BREWPUB AND WHISKEY

Gedimino pr. 5 +370 605 77555 http://craft-draft.business.site



Beers from around Lithuania and the world right in the heart of town - the restaurant is located in a cellar not far from Cathedral Square.



27. ALAUS NAMAT

A. Goštauto g. 8 +370 687 28930 www.alausnamai.lt



The beers you'll find on tap are all brought from microbreweries from different corners of Lithuania. And if that's not enough, they have an amazing variety of bottled beer from around the world.



28. BAMBALYNĖ

Stiklių g. 7 +370 524 05670 www.bambalyne.lt



The cellar on Stiklių Street is a true getaway: there's no mobile service inside because of the thick walls, so simply grab one of the locals beers and enjoy your evening in peace.



30. 13 STATINIŲ

Pilies g. 6, inner yard +370 600 27733 www.vilniausalus.lt



Owned by Vilniaus Alus - the only brewery in Vilnius - this is where you can taste some of the local brews and buy a few bottles to take home with you.



29. ŠPUNKA

Užupio g. 9, Kęstučio g. 55 +370 652 32361 www.spunka.lt



This bar in Uzupis, which has recently opened its third location, is a true local favourite. A solid selection of local beers on tap and snacks to nibble on too.



31. STIKLIŲ ALUDĖ

Gaono g. 7 +370 526 44632 www.stikliai.com/tavern-pub-vilnius



Stikliai may be a luxury hotel, but its tavern is a place that won't have you shelling out. Step in for a beer - the staff will be happy to tell you more about the ones on offer



32. ALAUS BIBLIOTEKA

Trakų g. 4 +370 521 26874 www.beerlibrary.lt



Called "Beer Library" in Lithuanian, the spot has knowledgeable staff who will guide you through the selection of local and craft beers to find one that's right for you.

OUTSIDE THE OLD TOWN

- * Trying beers that have been awarded the Lithuanian Culinary Heritage Sign: Varniukų, Daujotų, Jovarų, Raudonųjų dobilų, Laukinių aviečių. You'll find these beers in shops, bars and restaurants.
- * Giving local beers a taste try the ones brewed at Craft & Draft Brewpub, Būsi Trečias, Vilniaus Alus









Restaurants

Lithuanian beer

Food to take home

Fine dining

OUTSIDE THE OLD TOWN

DĖVĖTI

Sody g. 3, www.facebook.com/barasdeveti

A bar that's loved by locals with a good selection of local beers on tap.

ALAUS STUDIJA

S. Žukausko g. 20, www.alausstudija.lt

A wonderful range of beers for all tastes and a menu that's sure to satisfy your hunger.

TORES BRAVORAS

Gurių g. 10, www.toresbravoras.lt

A restaurant close to Pavilniai regional park - perfect for a pint out of town.

HBH VILNIUS

Road "Vilnius-Molėtai" 17th km. www.hbh.lt

Lithuanian cuisine and beer from the HBH brewery near Palanga.

ALAUS KOLONĖLĖ

Rinktinės q. 55

www.facebook.com/alauskolonele

An ever-changing menu of beers and snacks to accompany your drinks.

JOANOS CARINOVOS SMUKLĖ

Belmonto q. 17

+370 686 14656

www.belmontas.lt

Located in a picturesque spot in Pavilniai Regional Park, Belmontas is an excellent spot to unwind after a hike.

MAP 12 20 **27** Cathedral Square Šventaragio g 26 Palangos g iteraty g 17 Klaipėdos g 20 8,31 9,22 32 Aukštaičių g 18 Town Hall Square 19 tmony

9,22